Sol da Alma

TAROT · LENORMAND

In-depth report

Prepared for Rita

Sol da Alma — Love · 18 September 2026

THE QUESTION

> *I really like him, but I feel like it's always me who reaches out. Does this relationship have a future, or am I trying to make it work on my own?*

1	Present	**The High Priestess / Woman**
2	Past	**Ace of Pentacles / Anchor**
3	Future	**Seven of Wands / Stars**
4	Heart	**Ten of Swords / Book**
5	Mind	**The Magician** *(reversed)* **/ Garden**
6	Block	**Knight of Pentacles** *(reversed)* **/ Whip**
7	Expectation	**Eight of Pentacles / Coffin**
8	The closing advice	**King of Wands / Child**

The question and what the heart answers

Rita brings to this tarot table a question that holds a deep anxiety about reciprocity and the destiny of an affectionate bond: the feeling that the pursuit is one-sided and the doubt as to whether this relationship has a future or if it is a lonely insistence. Beneath this formulation, what is truly being asked is whether the emotional investment finds an echo in the other person, or if the silence of the other party translates an absence of willingness to build a shared path. This spread, named Sol da Alma, is structured through an eight-house layout that meticulously examines the subjective posture of the other person. Each position simultaneously holds a tarot card, which brings the symbolic richness and archetypal depth of its element, and a Lenormand card, which anchors that vision in a plain, direct and straightforward reality. The Present is situated at the top of the table, while the Past and the Future are distributed across the two side mounts; the Heart and the Mind occupy the widest ends, struggling in opposite directions, whereas the Blockage and the Expectation are positioned on the slope leading to the lower tip, where the closing advice rests. Taken as a whole, the table reveals an atmosphere of marked restraint and withdrawal, where the absolute absence of the Water element, the suit of Cups, denotes that the emotional flow and spontaneous affectionate sharing are absent from the current dynamics. It is an arid spread, dominated by earth and air, which indicates that, although a structure or rational consideration exists, the other person is closed off in an internal process of preservation and silence, leaving the practical management of the relationship entirely suspended.

Present



The High Priestess



Woman

The High Priestess, as the Major Arcana opening the house of the present, shows the other person in an attitude of deep stillness and withdrawal. In the scene of this card, we see a female figure seated between two pillars, with a book or scroll semi-hidden in the folds of her mantle, looking straight ahead with an impenetrable countenance that reveals none of her mysteries. As the second Major Arcana, she represents the power of secrecy, of the silence that accumulates knowledge but exteriorises nothing, indicating that, today, the other person chooses to keep to themselves everything they feel and think, preferring passive observation to direct action. The Woman Lenormand card, which occupies the same space, brings to this house a direct and concrete reference to the feminine presence or the figure who centralises attention in the question, pointing out that the attention of the other person, albeit in a veiled way, focuses on the figure of the querent, recognising their importance and active role in the relationship.

When these two cards cross in this house, the dryness and objectivity of the Woman card meet the timeless mystery of The High Priestess, creating a very clear diagnosis of the current state of the other person. They recognise the presence and value of you who ask, but their response to that recognition is absolute silence and the concealment of their intentions. There is no denial of the connection here, but rather a refusal to act upon it openly; the other person prefers you to show yourself and advance, while they themselves remain in the shadow, observing events without interfering. The answer

this house gives to Rita's question is that the other person is in a state of extreme passivity, knowing perfectly well what is happening, but choosing not to take any step that implies exposure or immediate commitment.

Past



Ace of Pentacles



Anchor

The Ace of Pentacles, in the position of the past, represents the seed of a material and tangible opportunity that presented itself at the beginning or in a prior phase of this story. In the image of this card, a divine hand emerges from a cloud to offer a large gold coin over a luxuriant garden, symbolising the birth of something with potential to grow, a solid foundation and real value that was placed on the table. As the first degree of the suit of Pentacles, which belongs to the Earth element, this card shows that the relationship began with a promise of stability, physical comfort and a construction that seemed to have legs to stand on in the practical plane. The Anchor Lenormand card reinforces this vibration by bringing the keyword of security, stable work and what holds a vessel to the seabed, indicating that a feeling of anchorage, a safe harbour and a commitment intended to be firm and lasting did indeed exist.

The meeting of these two forces shows that the past of this connection was marked by a mutual intention to create something solid and resistant to storms. The Anchor and the Ace of Pentacles mutually confirm each other, indicating that the other person felt this relationship as a valuable gift and as a point of stabilisation in their own life, something that gave them security and was not a mere passing whim. The weight that

still stems from this today is a feeling of duty and structural connection; the other person has not forgotten the value of what was sown, and that memory of what once represented security and firmness is what still mentally binds them to this commitment, even when action has failed.

Future



Seven of Wands



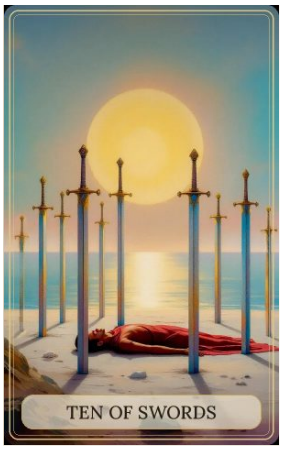
Stars

The Seven of Wands appears in the house of the future to describe the posture of the other person should the current dynamics undergo no changes. In the image of this card, we see a man at the top of a hill, wielding a staff to defend himself against six others rising against him from below, showing an attitude of resistance, obstinate defence of their own territory and a refusal to yield a single millimetre of ground. As the seven of Wands, associated with the Fire element, this card indicates that the future reaction of the other person to insistence or pressure will be to close themselves off even more defensively, viewing your pursuit not as a gesture of love, but as an invasion of their personal space that demands resistance. The Stars Lenormand card, which dictates the word of guidance, clarity and hope seen from a distance, points towards a search for peace, spiritual light and a course desired to be kept clean of conflicts or everyday pressures.

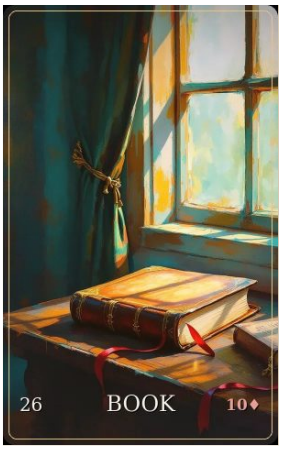
The merging of these two cards reveals an evident contradiction between the desire for clarity and readiness for defensive combat. The Stars card seeks harmony and the soft glow of an idealised course, but the Seven of Wands warns that the other person will

feel obliged to fight to preserve their independence and comfort zone. If nothing changes in the way you approach the relationship, the other person will tend to view each attempt at rapprochement as a demand they must defend themselves against, withdrawing to the top of their mental hill and maintaining the hope that things will sort themselves out without them having to make the effort to come down to the terrain of practical sharing.

Heart



Ten of Swords



Book

The Ten of Swords, situated in the heart of the other person, reveals a state of deep exhaustion and painful finality that they carry within. In the scene drawn on this card, a man lies prostrate on the ground, on his back, pierced by ten black swords under a dark sky, suggesting a limit that has been reached, pain that can no longer increase and the inevitable end of a draining mental cycle. The Air element of this suit shows that the suffering of the other person stems from obsessive thoughts, severe evaluations and a feeling of defeat they feel as definitive, indicating that their heart is devastated by a loss or wear and tear they consider irrecoverable. The Book Lenormand card, which represents the secret, stored knowledge and what is yet to be revealed, shows that all this pain and feeling of ruin are kept locked away with seven keys, without the other person allowing them to transpire to the outside.

The combination of the Ten of Swords and the Book is extremely revealing of the internal solitude of the other person. The Book encloses and seals the tragic image of

the Ten of Swords, confirming that they live a process of mourning or emotional exhaustion they refuse to share with the world, preferring to suffer in silence rather than expose their vulnerability. What they feel inside, and which may never come to be put into words, is that the relationship, as it existed, has reached a point of no return, a consummated end of a cycle that left them without the strength to invest or to fight, leaving them only with the silence of a closed book that keeps its own scars.

Mind



The Magician
(reversed)



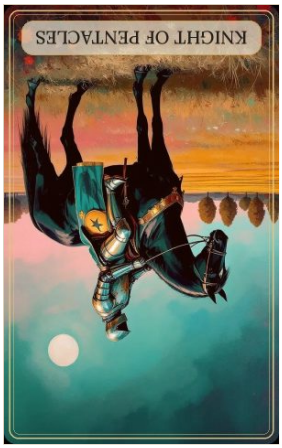
Garden

The Magician, appearing reversed in the house of the mind, indicates a grave dispersion of forces, an inability to focus the will and, ultimately, a posture of hesitation or unconscious manipulation through omission. In its upright position, this card shows a youth with all elements on the table, channelling energy from heaven to earth with their raised wand; reversed, the Major Arcana reveals that the tools are there, but the will to use them honestly and effectively has failed. The other person feels impotent to manage the situation, or prefers to use small tricks and tactical silences to avoid having to assume a clear decision. The Garden Lenormand card represents the public sphere, social gatherings, what is exposed to everyone's view and the need to maintain appearances before a group of friends or the community.

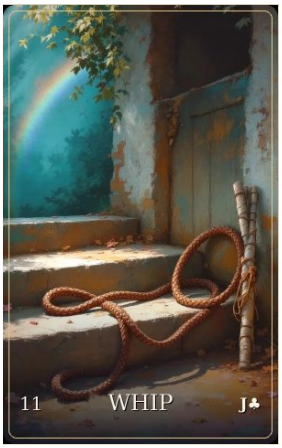
The meeting of the reversed Magician with the Garden creates a very particular tension in the mind of the other person. While the Garden asks that an agreeable image

of social mixing and harmony be maintained, the reversed Magician warns that their mind functions in a dispersed and untrustworthy way behind the scenes. They think of the relationship as something that should be kept on a superficial and socially acceptable plane, without the depth of a real commitment requiring effort and clarity of action; there is a desire to enjoy the pleasant and collective moments of the Garden, but the mental honesty and dexterity of the Magician are lacking to translate that into a true, focused couple's construction.

Block



Knight of Pentacles
(reversed)

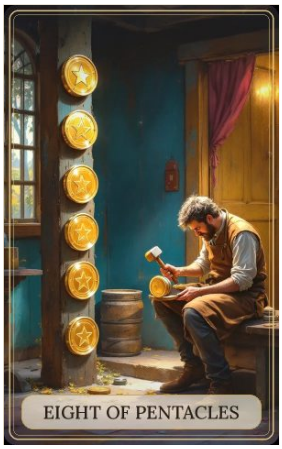


Whip

The Knight of Pentacles appears reversed in the position of blockage, signalling a severe halt, intransigent stubbornness and stagnation preventing any progress. In its upright representation, this knight is the slowest of all, advancing at a steady pace over tilled earth, holding their coin with patience and determination; reversed, their march stops completely, turning patience into inertia and caution into a blind refusal to change course. The other person refuses to make the effort necessary for the relationship to advance, preferring the immobility of a risk-free routine. The Whip Lenormand card brings to this house the vibration of constant friction, punishment, the repetition of dynamics that hurt and fruitless effort that merely generates physical and mental wear.

The crossing between the reversed Knight of Pentacles and the Whip shows that the great blockage of the other person is a vicious cycle of stubbornness and self-flagellation. The Whip acts upon the immobility of the stopped knight, generating internal tension that translates into irritation and tiredness, but results in no useful action. The other person feels trapped in habits and an inertia that prevent them from advancing, and reacts to this standstill with a feeling of frustration they discharge in silence or in small mental arguments. This blockage shows that the lack of initiative from the other party is not mere forgetfulness, but rather active and stubborn resistance to altering the current state of things, even if it costs them suffering.

Expectation



Eight of Pentacles



Coffin

The Eight of Pentacles, in the house of expectation, describes what the other person expects from this bond as meticulous, slow and repetitive work. In the image of this card, an artisan focuses entirely on their task of chiselling gold coins, one by one, oblivious to what happens around them, symbolising daily dedication, constant self-improvement and the routine of the craft. This card suggests that, deep down, the other person expects the relationship to be maintained through continuous and silent effort, almost mechanical, where each fulfils their task without major shocks or emotional demands. The Coffin Lenormand card, however, brings to this very house the keyword of absolute end, necessary rupture and radical transformation requiring the death of a situation so that another may be born.

The collision between the Eight of Pentacles and the Coffin in this house reveals a deep split in the expectations of the other person. The Coffin rules over the Eight of Pentacles, indicating that, no matter how much they expect or try to maintain the artisanal routine of day-to-day life, there is a clear awareness that this model of relationship is exhausted and has to end. Deep down, the other person expects an ending or drastic transformation to occur that puts an end to this insistence which no longer generates life. They do not expect a brilliant restart along old lines, but rather the termination of a cycle of effort that no longer makes sense for either party.

The correspondences

The correspondences drawn across this table allow us to cross different sectors of the psychic life of the other person, revealing their internal map of forces and exposing how their current state dialogues with the path presented to you.

Past — Future



PAST
Ace of Pentacles

PAST
Anchor

FUTURE
Seven of Wands

FUTURE
Stars

The confrontation between the past, marked by the Ace of Pentacles and the Anchor, and the future, drawn by the Seven of Wands and the Stars, reveals a transition from a state of material security and firm commitment to a posture of isolation and self-defence. In the past, the other person found in this connection a seed of real stability and a safe harbour in which to anchor their life; however, the projection of the future shows that this security has turned into a defensive barrier. If nothing is altered, the

other person will cease to see the relationship as a harbour and will come to view it as territory they need to defend against intrusions, preferring to keep the idealised hope of the Stars at a distance rather than commit to the practical work of closeness. This division indicates that the stability of the past is no longer a driving force, but rather a memory the other person tries to protect by locking themselves in their own castle.

Heart — Mind



HEART
Ten of Swords

HEART
Book

MIND
The Magician
(reversed)

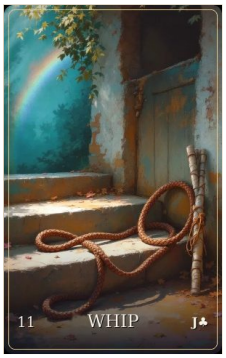
MIND
Garden

The axis connecting the heart, inhabited by the Ten of Swords and the Book, to the mind, where the reversed Magician and the Garden reside, exposes a person deeply divided and lashed by internal incoherence. In the heart, the feeling is the end of the line, consummated pain and mourning kept in absolute secret under the pages of a closed book. In the mind, however, the other person tries to manage appearances through the Garden, pretending all is well on the social and exterior plane, whilst the reversed Magician reveals their total inability to act with clarity or make an honest decision about the direction of things. There is a total disconnection here between the ruin they feel inside and the mask of normality or detachment they display outside; the other person lacks the strength to rebuild the relationship, but also lacks the mental clarity necessary to assume the end openly, choosing to hide behind evasions and superficial gatherings.

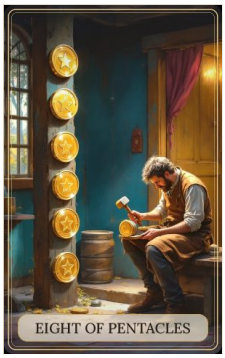
Block — Expectation



BLOCK
Knight of Pentacles
(reversed)



BLOCK
Whip



EXPECTATION
Eight of Pentacles



EXPECTATION
Coffin

By analysing the blockage, composed of the reversed Knight of Pentacles and the Whip, in direct relation to the expectation, where the Eight of Pentacles and the Coffin are found, it becomes evident that the other person is prisoner to a cycle of self-sabotage. The blockage shows stubborn inertia constantly lashed by friction and the wear of the Whip; on the other hand, the expectation reveals that, although they try to maintain the patient routine of the Eight of Pentacles, they know the Coffin will have to close this structure definitively. The other person expects the end, but their blockage prevents them from declaring it or acting so the transition occurs cleanly, preferring to remain in the stubbornness of painful standstill repeating and punishing itself with each passing day.

Present — The closing advice



PRESENT
The High Priestess



PRESENT
Woman



THE CLOSING ADVICE
King of Wands



THE CLOSING ADVICE
Child

The crossing between the present of the other person, defined by The High Priestess and the Woman, and the closing advice for you who ask, composed of the King of Wands and the Child, shows an absolute contrast of energies requiring a radical change in attitude. Whilst the other person is in the silent and mysterious stillness of The High Priestess, focusing passive attention on the Woman without taking a single step, the path opening for you demands active leadership and the clear vision of the King of Wands, allied with the purity and detachment of a new beginning represented by the Child. Their silence and passivity do not ask for more insistence or pursuit from you; on the contrary, they demand that you take control of your own destiny with the authority of the King of Wands, initiating an entirely new cycle free from the moorings of a worn-out past.

The table at a glance

The overall analysis of this table reveals a markedly static and mental structure, where the absence of the Water element confirms that the flow of spontaneous affection and emotional nurturing is absent from this process. With only two Major Arcana across sixteen cards, the situation plays out almost entirely on the terrain of everyday decisions, habits and practical postures, indicating that no insurmountable forces of destiny prevent union, but rather individual choices of estrangement and silence. The Earth element dominates through Pentacles, bringing the weight of matter, slowness and stubbornness, while the Air of Swords brings mental wear and isolation. On the Lenormand side, the repetition of themes linked to endings and cutting, like the **Coffin** and the **Whip**, contrasts severely with the stability of the **Anchor** in the past, showing that former security has degraded into a process of continuous wear.

The lines of force show that the silence of the present feeds directly upon the exhaustion of the heart. The other person does not pursue because they lack the emotional energy to do so; their internal **Ten of Swords** consumes any initiative, and the reversal of the Magician in the mind prevents them from using their resources to heal the connection. Movement in time is clear: the relationship started from a solid

and valuable base in the past, but stabilised into inertia now walking towards rigid self-defence in the future. If you continue to pursue and insist alone, the tendency is for the other person to feel increasingly cornered, responding with defensive and hostile withdrawal. The frank answer to this spread is that Rita is indeed insisting alone on a structure the other party already considers internally finished; the other person has no intention of taking the initiative to restart or build a shared future, preferring to maintain silence until the connection extinguishes itself.

Advice

Present

Do not try to force an answer or break the silence that **The High Priestess** imposes at this moment. If the other person has chosen withdrawal and concealment, any attempt at rapprochement or demand will be received as an intrusion and will cause them to close themselves even further inside their shell. Allow distance to reveal the truth of the situation and safeguard your own energy.

Past

Recognise the value of what was built in the past, but do not use the memory of that solidity as a justification to tolerate the absence of action in the present. The **Ace of Pentacles** and the **Anchor** show that something real existed, but this fact does not oblige you to remain trapped in a structure that today offers neither the same support nor the same reciprocity.

Future

Prepare to encounter a barrier of self-defence if you insist on maintaining the same pattern of pursuit. The **Seven of Wands** warns that the other person will resist your advances and defend their own space tooth and nail; avoid, therefore, wearing yourself out in useless combat for someone who chose to place themselves on an inaccessible hill.

Heart

Accept that the tiredness and feeling of an end the other carries in their heart are not something you can cure or resolve from the outside. The **Ten of Swords** shows exhaustion belonging to their internal process, and the **Book** indicates they do not wish to share it; respect this limit and do not try to force an emotional opening they cannot or will not give.

Mind

Do not let yourself be fooled by appearances of social normality or casual gatherings that may occur in the **Garden**. The mind of the other person is dispersed and without practical focus for the relationship, as shown by the reversed Magician; do not build expectations upon vague promises or gestures serving only to maintain appearances.

Block

Cut through the repetition of dynamics merely generating wear and mutual frustration. The **Whip** acts upon the stubbornness of the reversed **Knight of Pentacles**, showing that your insistence on moving someone who does not wish to be moved will bring you only suffering and physical tiredness; stop whipping a situation that has chosen immobility.

Expectation

Let the **Coffin** fulfil its role of closing what has no life left, rather than trying to maintain the mechanical routine of the **Eight of Pentacles**. The other person already expects the end of this dynamic, and resisting this transformation will only prolong a state of agony preventing the birth of new opportunities in your life.

The closing advice



King of Wands



Child

The closing advice of this spread reveals itself at the lower tip of the table, where the **King of Wands** and **Child** cards unite to answer directly to your anxiety about your own positioning in this relationship. The King of Wands, a figure of authority wielding their fiery staff with a firm gaze on the horizon, demands that you take command of your own life with courage, clear vision and determination, ceasing to place yourself in a position of dependence or passive waiting. The Child Lenormand card brings to this advice the vibration of novelty, purity, detachment from what has passed and the capacity to restart with lightness and curiosity, free of preconceptions or old weights.

Together, these two cards indicate that the step suited for you to take is to initiate a new personal cycle, acting with the sovereignty of the **King of Wands** and the freshness of the **Child**. This advice fits perfectly into the diagnosis of the other person: before their exhausted silence and inertia, you should not continue to pursue or insist, but rather withdraw with dignity and focus your energy on creating new paths and projects returning joy and enthusiasm to you. In the coming weeks, signs that you are on the right course will manifest through a feeling of relief and mental clarity, whilst the temptation to pursue again or yield to the melancholy of the past will be a clear warning that you are stepping backward into barren terrain. The table shows the forces at play and the exhaustion of the other party, but it is entirely up to Rita to decide whether she prefers to reign over her own future or continue insisting on silence that has nothing left to offer.

About the pictures on the cards

The description of each card in this report follows the original iconography of the Tarot, which is what gives it its meaning. The decks do not always reproduce it in full: a detail described in the text may not be visible in the painting in front of you. In that case it is the text that the card is read by — it carries the traditional meaning.

The code for this spread

This block lays the table again. Copy it and paste it into «Paste a Spread», at www.soldaalma.pt: the cards return to the same places, and from there you can ask for this report again without drawing them anew.

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--- to restore this spread ---
tiragem: sol_amor
baralho: tarot_casa+cigano
cartas: M2, G29, O1, G35, P7, G16, E10, G26, M1*, G20, O12*, G11, O8, G8, P14, G13
pergunta: I really like him, but I feel like it's always me who reaches out. Does this relationship have a future, or am I trying to make it work on my own?
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The cards show tendencies and forces at work, not guaranteed facts.

The responsibility and the decision are always the asker's.

Sol da Alma Tarot · seventy-eight paintings made from scratch for this website, in the style of the canvas that opens the page. Sol da Alma Lenormand · paintings made from scratch for this website.